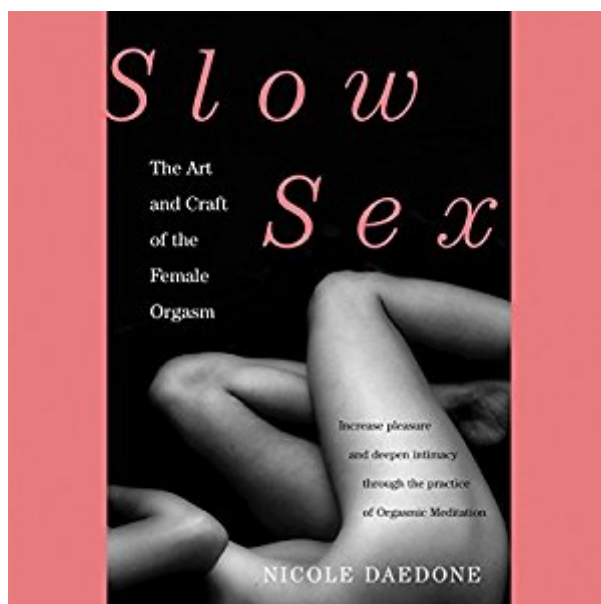


The book was found

Slow Sex: The Art And Craft Of The Female Orgasm



Synopsis

The truth is: Most women do not have satisfying sex lives. Slow Sex can change that. Better sex is about one thing: better orgasm. This life-altering guide teaches men and women how to use the practice of Orgasmic Meditation - or OM - to slow down, connect emotionally, and achieve authentic female sexual satisfaction. The promise: In just fifteen minutes every woman can become orgasmic. And, with the right partner and the right technique, that orgasm could last and last! For more than a decade, Nicole Daedone has been leading the "slow sex movement," which is devoted to the art and craft of the female orgasm. OM is the act of slowing down, tuning in, and experiencing a deeper spiritual and physical connection during sex. Slow Sex reveals the philosophy and techniques of OM and includes a step-by-step, ten-day OM starter program, as well as OM secrets for achieving ultimate satisfaction. It also includes exercises to help enhance readers' "regular" sex lives, such as Slow Oral for Her, Slow Oral for Him, and Slow Intercourse. This book is the argument for daily intimacy, and for paying attention as the foundation of pleasure, all with a focus on the female experience.

Book Information

Audible Audio Edition

Listening Length: 7 hours and 44 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Hachette Audio

Audible.com Release Date: June 7, 2011

Whispersync for Voice: Ready

Language: English

ASIN: B0054RYTJM

Best Sellers Rank: #10 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #13 in Books > Health, Fitness & Dieting > Sexual Health > Women's Sexual Health #42 in Books > Audible Audiobooks > Health, Mind & Body > Health

Customer Reviews

"Women who think they're going to learn anything from Fifty Shades of Gray are wasting their time. They'd do better to read `Slow Sex: The Art and Craft of the Female Orgasm.'"I read that on a message board.So I bought Nicole Daedone's book.On page 1: "I teach a practice called Orgasmic Meditation. It's a way that any man can bring out the orgasm in any woman, in just fifteen

minutes."Would you read on?Very quickly I learned that orgasm, for Daedone, is not the moment of climax. It's the entire experience of sex. It's the way sexual potency is "a source of power," an "entry point" to joyful living, a "gateway" to a deeper connection with your lover.Sounds good?Or would you prefer to learn, from "50 Shades," how to enjoy being whipped with a riding crop?Given that choice, any reasonable woman --- or any man involved with a woman who prefers improved reality to romance novel fantasy --- would ask: So what is the technique?It's not sex. It's not even foreplay. After 15 minutes, you get up and leave. It's just what Daedone says it is --- meditation. But because we're talking about orgasm, you do it with your body.Or rather, you do it with the woman's body --- because the man remains fully clothed. She removes her pants. Lies down. Spreads her legs. From there, he does everything. Looking. Stroking. Talking.However much I may be a man of the world, I blush to tell you the specifics. So please watch Nicole Daedone's TED Talk (yes, she made a presentation at TedxSF). I'd suggest that you start at 5:30 and cut out around the 10-minute mark.

[Download to continue reading...](#)

Slow Sex: The Art and Craft of the Female Orgasm Sex Pictures: Sex Positions: How to Improve Your Sex Life with Creative Sex Positions and Techniques! (Sex Positions, Sex Pictures, Sex, Kama Sutra) The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! The Elusive Orgasm: A Woman's Guide to Why She Can't and How She Can Orgasm Erotic Adult Sex Picture Book 5 (Uncensored Hot Sex Pics of Sexy & Horny Girls, 300+ College Sex Photos): full nudity adult sex. Sweet Tits.: Photography ... of Full Nudity Adult Sex Pics Series) Female Ejaculation and the G-Spot: Not Your Mother's Orgasm Book! Slow Cooking for Two: A Slow Cooker Cookbook with 101 Slow Cooker Recipes Designed for Two People Uncensored Sex Pictures: Sex Photos of College Girls & College Sex Pictures (Full nudity sex entertainment pictures book for adults only 2) Strong Female Protagonist Book One (Strong Female Protagonist Gn) Woman's Orgasm: A Guide to Sexual Satisfaction How to Talk Dirty : Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1 Sex and Marriage: How to Guide for Sex and Passion and Desire for Married Couples: Discover the 10 Ways to Turn Your Sex Life From Routine to Lustful Desire Big Boobs Sex! Adult Sex Pictures (Photo Book 2 of 250 hot erotic nude pics = UNCENSORED full nudity) of a hot naked MILF woman with big tits and sexy ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (photo book 2 of 50 hot erotic nude pics = UNCENSORED full nudity) of a hot naked woman with big tits and sexy butts: ... album series with Beautiful Sex Pictures) Big Boobs Sex! Adult Sex Pictures (Photo Book 7 of 300+ hot erotic nude

pics = UNCENSORED full nudity) of hot naked MILF women with big tits and sexy ass: ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (photo book 1 of 50 hot erotic nude pics = UNCENSORED full nudity) of a hot naked woman with big tits and sexy butts: ... album series with Beautiful Sex Pictures) Uncensored Adult Sex Pictures - Photo Book 3 - Hot Erotic Photography of Sexy Girls and Women with not so Big Boobs: Adult Sex Pictures Vol. 3 (Wayne's ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (Photo Book 9 of 600 hot erotic nude pics = UNCENSORED full nudity) of hot naked MILF women with big tits and sexy ass: ... Collection Album Series of Sex Pics) Full Nudity Uncensored Sex Pictures of Horny Girls with small tits & hot pussy. Full nudity private striptease pics: Uncensored adult sex photo book of ... models). (Jubilee Sex Pictures Books 2) Uncensored Adult Sex Pictures (300 pics, Photo Book 2) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Big Boobs!: Photography of Amateur ... Adult Sex Pictures Collection Series)

[Dmca](#)